

# Second Shift Sociology

## **Second Shift Sociology: Unpacking the Unequal Burden of Household Labor**

### Introduction:

Are you tired of hearing about the "double shift" women face? The term, while widely used, often oversimplifies a complex social issue. This in-depth exploration delves into the fascinating and often frustrating world of "second shift" sociology, moving beyond the tired clichés to examine the nuanced realities of household labor division, its impact on individual well-being, and the broader societal implications. We'll explore the historical context, examine current trends, and delve into the ongoing debates surrounding gender inequality and domestic responsibilities. This isn't just about who does the dishes; it's about power dynamics, social structures, and the fight for a more equitable future. Prepare to gain a deeper understanding of the societal forces shaping the lives of working individuals and families.

### I. Defining "Second Shift": Beyond the Simple Dichotomy

The term "second shift," coined by sociologist Arlie Hochschild, refers to the unpaid housework and childcare that individuals perform after completing their paid employment. It highlights the disproportionate burden often shouldered by women, even in dual-income households. However, the reality is more complex than simply dividing labor between a "first" and "second" shift. We need to acknowledge the variations in workload based on factors like:

**Gender:** While traditionally women carry the bulk of the second shift, men's contributions are increasing, albeit slowly. However, the distribution remains significantly uneven.

**Socioeconomic Status:** Wealthier families often have access to resources like paid help, reducing the second shift burden, while lower-income families often face amplified challenges.

**Cultural Background:** Cultural norms and expectations significantly influence how household labor is divided, with variations across different ethnic and racial groups.

**Individual Preferences and Negotiation:** Even within similar contexts, couples negotiate household responsibilities differently, reflecting personal preferences and power dynamics within the relationship.

### II. Historical Context: Tracing the Evolution of Household Labor

Understanding the present requires examining the past. Historically, women's roles were predominantly confined to the domestic sphere, with household labor considered their primary responsibility. Industrialization and the rise of the wage-earning system shifted some of the burden, but did not eliminate gendered divisions of labor. The feminist movement of the 20th century challenged these norms, advocating for greater gender equality in both paid and unpaid work. However, the ideal of an equal partnership in household labor remains largely unrealized. Examining historical trends allows us to understand the inertia and deeply ingrained societal expectations that continue to fuel the inequality.

### III. The Impact of the Second Shift: Physical and Mental Well-being

The constant pressure of juggling paid work and unpaid household labor has significant repercussions on individuals' well-being. Studies consistently demonstrate a correlation between excessive second shift responsibilities and:

**Increased Stress and Burnout:** The constant demands of work and home life lead to chronic stress, impacting mental and physical health.

**Reduced Leisure Time:** The lack of personal time for relaxation and self-care contributes to feelings of exhaustion and resentment.

**Relationship Strain:** Unequal distribution of household labor can create conflict and resentment within relationships, impacting marital satisfaction.

**Impact on Child Development:** Parents overburdened with the second shift may have less time and energy to engage in quality interactions with their children.

### IV. Challenges to Achieving Gender Equality in Household Labor

Despite progress, significant hurdles remain in achieving a more equitable distribution of household labor:

**Gendered Expectations and Socialization:** Deeply ingrained societal expectations continue to shape perceptions of men and women's roles in the home.

**Lack of Policy Support:** Limited government support in the form of affordable childcare and parental leave policies exacerbates the challenge.

**Negotiating Power Dynamics:** Even within egalitarian relationships, negotiating equal division of household tasks can be complex, often reflecting underlying power imbalances.

**The "Ideal Worker" Norm:** The societal pressure to conform to the ideal of the dedicated, always-available employee often prevents individuals from advocating for a more balanced workload at home.

### V. Moving Towards a More Equitable Future: Strategies and Solutions

Achieving true equality in household labor requires a multifaceted approach:

**Challenging Gender Stereotypes:** Openly questioning and challenging traditional gender roles in the home and workplace is crucial.

**Advocating for Supportive Policies:** Demanding government policies such as affordable childcare, generous parental leave, and flexible work arrangements is essential.

**Open Communication and Negotiation:** Couples must engage in open and honest conversations about household responsibilities and expectations.

**Redefining Masculinity and Femininity:** Shifting societal definitions of masculinity and femininity to embrace a more fluid and equitable distribution of roles is necessary.

**Education and Awareness:** Raising awareness about the societal implications of the second shift and promoting a more equitable distribution of labor through education is crucial.

Book Outline: "The Second Shift Revisited: A 21st Century Perspective"

Author: Dr. Anya Sharma

Introduction: Defining the second shift, historical context, and the scope of the book.  
Chapter 1: The Evolution of Household Labor: From Traditional Roles to Modern Challenges.  
Chapter 2: Measuring the Second Shift: Quantitative and Qualitative Approaches.  
Chapter 3: The Impact on Well-being: Stress, Burnout, and Relationship Dynamics.  
Chapter 4: Intersectionality and the Second Shift: Race, Class, and Other Factors.  
Chapter 5: Policy Interventions: Examining Global Best Practices.  
Chapter 6: Negotiating Equality: Strategies for Couples and Families.  
Chapter 7: Redefining Gender Roles in the 21st Century.  
Conclusion: Looking Forward: Towards a More Equitable Future.

(Detailed explanation of each chapter would follow here, expanding on the points mentioned in the outline above. This would significantly increase the word count beyond the current limit. Due to character limitations, this detailed expansion is omitted.)

#### FAQs:

1. What is the difference between the "first shift" and the "second shift"? The first shift refers to paid employment, while the second shift refers to unpaid housework and childcare.
2. Is the second shift solely a women's issue? While women disproportionately bear the burden, men also contribute to and are affected by the second shift.
3. How does socioeconomic status influence the second shift? Wealthier families often have access to resources that mitigate the burden, while lower-income families face greater challenges.
4. What are the long-term consequences of an unequal division of household labor? It can lead to chronic stress, burnout, relationship strain, and impact child development.
5. What policies can help alleviate the second shift burden? Affordable childcare, generous parental leave, and flexible work arrangements are crucial.
6. How can couples negotiate a more equitable division of household labor? Open communication, clear expectations, and a willingness to compromise are key.
7. How does cultural background affect the distribution of household labor? Cultural norms and expectations significantly influence how household tasks are divided.
8. What role does gender socialization play in perpetuating unequal labor distribution? Societal expectations about men's and women's roles reinforce traditional divisions of labor.
9. What are some strategies for challenging gender stereotypes surrounding household tasks? Openly questioning and challenging traditional gender roles is crucial.

#### Related Articles:

1. The Time Bind: When Work Becomes Home: Explores the blurring lines between work and family life.
2. Gender Inequality at Home and Work: Examines the interconnectedness of gender inequality in

various spheres.

3. The Mommy Track and Career Advancement: Discusses the challenges women face in balancing motherhood and career ambitions.
4. The Fatherhood Penalty: Explores the impact of fatherhood on career progression for men.
5. The Role of Technology in Household Labor: Examines how technology impacts and potentially mitigates the second shift.
6. The Economics of Caregiving: Analyzes the economic implications of unpaid care work.
7. The Impact of Parental Leave Policies: Explores the effects of different parental leave policies on families.
8. Negotiating Family Responsibilities: Offers practical strategies for couples to effectively share household responsibilities.
9. Measuring the Value of Unpaid Work: Discusses the methods used to assess the economic value of unpaid household labor.

**second shift sociology:** *The Second Shift* Arlie Hochschild, Anne Machung, 2012-01-31 An updated edition of a standard in its field that remains relevant more than thirty years after its original publication. Over thirty years ago, sociologist and University of California, Berkeley professor Arlie Hochschild set off a tidal wave of conversation and controversy with her bestselling book, *The Second Shift*. Hochschild's examination of life in dual-career households finds that, factoring in paid work, child care, and housework, working mothers put in one month of labor more than their spouses do every year. Updated for a workforce that is now half female, this edition cites a range of updated studies and statistics, with an afterword from Hochschild that addresses how far working mothers have come since the book's first publication, and how much farther we all still must go.

**second shift sociology:** *At the Heart of Work and Family* Anita Iltis Garey, Karen V. Hansen, 2011 *At the Heart of Work and Family* presents original research on work and family by scholars who engage and build on the conceptual framework developed by well-known sociologist Arlie Russell Hochschild. These concepts, such as the second shift, the economy of gratitude, emotion work, feeling rules, gender strategies, and the time bind, are basic to sociology and have shaped both popular discussions and academic study. The common thread in these essays covering the gender division of housework, childcare networks, families in the global economy, and children of consumers is the incorporation of emotion, feelings, and meaning into the study of working families. These examinations, like Hochschild's own work, connect micro-level interaction to larger social and economic forces and illustrate the continued relevance of linking economic relations to emotional ones for understanding contemporary work-family life.

**second shift sociology:** *Strangers in Their Own Land* Arlie Russell Hochschild, 2018-02-20 The National Book Award Finalist and New York Times bestseller that became a guide and balm for a country struggling to understand the election of Donald Trump A generous but disconcerting look at the Tea Party. . . . This is a smart, respectful and compelling book. —Jason DeParle, The New York Times Book Review When Donald Trump won the 2016 presidential election, a bewildered nation turned to *Strangers in Their Own Land* to understand what Trump voters were thinking when they cast their ballots. Arlie Hochschild, one of the most influential sociologists of her generation, had spent the preceding five years immersed in the community around Lake Charles, Louisiana, a Tea Party stronghold. As Jedediah Purdy put it in the New Republic, Hochschild is fascinated by how people make sense of their lives. . . . [Her] attentive, detailed portraits . . . reveal a gulf between Hochschild's 'strangers in their own land' and a new elite. Already a favorite common read book in communities and on campuses across the country and called humble and important by David Brooks and masterly by Atul Gawande, Hochschild's book has been lauded by Noam Chomsky, New Orleans mayor Mitch Landrieu, and countless others. The paperback edition features a new afterword by the author reflecting on the election of Donald Trump and the other events that have unfolded both in

Louisiana and around the country since the hardcover edition was published, and also includes a readers' group guide at the back of the book.

**second shift sociology:** The Second Shift Arlie Russell Hochschild, Anne Machung, 1989 Helps couples through the practical and ideological difficulties of raising children and maintaining a household while both parents work.

**second shift sociology:** *Mood Prep 101* Carol Landau, 2020 Rates of depression are skyrocketing in young people between the ages of 12 and 20. Parents whose children are at increased risk for anxiety and depression find themselves especially concerned about how to help their kids achieve a safe, healthy, and fulfilling college experience. Written with humor and compassion, *Mood Prep 101: A Parent's Guide to Preventing Depression and Anxiety in College-Bound Teens* answers the question most parents have - What can we do? - when it comes to college-bound teens who may be vulnerable to depression or anxiety.

**second shift sociology:** Women's Quest for Economic Equality Victor R. Fuchs, 1988 Explores reasons for women's continued economic disadvantage and the conflicts women feel between career and family, which men do not. Offers proposals that would help society overcome these discrepancies. Annotation copyrighted by Book News, Inc., Portland, OR

**second shift sociology:** Everyday Sociology Reader Karen Sternheimer, 2020-04-15 Innovative readings and blog posts show how sociology can help us understand everyday life.

**second shift sociology:** *Key Issues in Women's Work: Female Heterogeneity and the Polarisation of Women's Employment* Catherine Hakim, 1996-01-01 Dr Hakim tests the power of patriarchy theory against economic and psychophysiology theories. Sex discrimination, part-time work, flexible hours, homeworking, marriage and career patterns, labour mobility, labour turnover and the impact of the European Union are all considered. Analysis of the grand sweep of history over the last century, based on large national surveys, is complemented by case studies of people working in occupations undergoing change and their resistance to it. Throughout the book comparisons are drawn between Britain, the USA, and other European countries and also China, Japan and other Far Eastern societies. The analysis draws on sociology, economics, psychology, labour law, history and anthropology to conclude that female heterogeneity is increasing, explaining the growing polarisation of women's employment and many contradictory research results

**second shift sociology:** *The Time Bind* Arlie Russell Hochschild, 1998-04-15 The Time Bind is one of this decade's most influential studies of our work/family time-dilemma. For three years at a Fortune 500 company, Arlie Russell Hochschild, the best-selling author of *The Second Shift*, interviewed everyone from top executives to factory hands. What she found was startling news: none of these working parents was taking the company up on chances for flex-time, paternity leave, or other family-friendly policies. Instead, they were fleeing homes invaded by the pressures of work, while the workplace seemed transformed into a strange kind of surrogate home. Hochschild paints a picture of spouses as efficiency experts, children as emotional bill-collectors, and parents who feel like helpful mentors mainly to their workmates. An important, provocative, ground-breaking analysis (Newsweek), *The Time Bind* exposes the rifts in our crunch-time world and reveals how the way we live and work isn't working anymore.

**second shift sociology:** *Summary of The Managed Heart by Arlie Russell Hochschild* QuickRead, Lea Schullery, Learn about the commercialization of human feeling. Does your job require you to engage in emotional labor? That is, are you required to bury your true feelings, slap on a smile, and engage with customers as if everything is fine? We see people who work in customer service do this every day. People like waitresses and flight attendants shockingly maintain an upbeat attitude throughout their day as they interact with hundreds of customers. While many people believe these types of jobs don't require much labor, they actually require some of the toughest skills that we don't often discuss: emotional labor. Each day these employees must hold back their emotions, keep their cool, and avoid getting upset. But what's the true cost of this "emotional work?" From a humanist and feminist perspective, Hochschild describes the toll this process of estrangement has on our personal feelings and its role in becoming an "occupational hazard" in

one-third of America's workforce. As you read, you'll learn how emotional labor is used as currency in today's society and why women find their jobs more taxing than men. Do you want more free book summaries like this? Download our app for free at <https://www.QuickRead.com/App> and get access to hundreds of free book and audiobook summaries. **DISCLAIMER:** This book summary is meant as a preview and not a replacement for the original work. If you like this summary please consider purchasing the original book to get the full experience as the original author intended it to be. If you are the original author of any book on QuickRead and want us to remove it, please contact us at [hello@quickread.com](mailto:hello@quickread.com).

**second shift sociology:** *The Third Shift* Michele Bolton, 2000-07-03 Women who seek to balance a career and family find themselves facing a third shift, or the inner dialogue that often second guesses their decisions and actions. An executive coach and consultant now offers cogent strategies for coping with this challenge and embracing it as a means of empowerment.

**second shift sociology: Habits of the Heart**, 1989 Bellah led a team of sociologists in interviewing some 200 Americans on love, work, success and values. Blending interviews with historical analysis, they explore what habits of the heart move Americans, and what beliefs and practices shape their character and social order. They examine the traditions Americans use to make sense of themselves and their society and show that while individualism creates self-reliant heroes, it also destroys the fabric of community and the capacity for commitment to one another. Most of the people interviewed--wives and husbands, managers, psychotherapists, local businessmen and civic activists--are split between a public world of competitive striving and a private world supposed to provide the meaning and love that make the competitive jungle bearable. (For sale in India at Rs. 66.00).

**second shift sociology:** *The Social Construction of Reality* Peter L. Berger, Thomas Luckmann, 2011-04-26 A watershed event in the field of sociology, this text introduced "a major breakthrough in the sociology of knowledge and sociological theory generally" (George Simpson, *American Sociological Review*). In this seminal book, Peter L. Berger and Thomas Luckmann examine how knowledge forms and how it is preserved and altered within a society. Unlike earlier theorists and philosophers, Berger and Luckmann go beyond intellectual history and focus on commonsense, everyday knowledge—the proverbs, morals, values, and beliefs shared among ordinary people. When first published in 1966, this systematic, theoretical treatise introduced the term social construction, effectively creating a new thought and transforming Western philosophy.

**second shift sociology: The Tumbleweed Society** Allison J. Pugh, 2015 This book examines how we navigate questions of commitment and flexibility at work and at home in a world where insecurity has become the norm. How do people today, especially parents, think and talk about what we owe each other on the job and in intimate relationships—with partners, children, and others—when so much is perpetually up in the air?

**second shift sociology: Invisible Labor** Marion Crain, Winifred Poster, Miriam Cherry, 2016-06-28 Demographic and technological trends have yielded new forms of work that are increasingly more precarious, globalized, and brand centered. Some of these shifts have led to a marked decrease in the visibility of work or workers. This edited collection examines situations in which technology and employment practices hide labor within the formal paid labor market, with implications for workplace activism, social policy, and law. In some cases, technological platforms, space, and temporality hide workers and sometimes obscure their tasks as well. In other situations, workers may be highly visible--indeed, the employer may rely upon the workers' aesthetics to market the branded product--but their aesthetic labor is not seen as work. In still other cases, the work occurs within a social interaction and appears as leisure--a voluntary or chosen activity--rather than as work. Alternatively, the workers themselves may be conceptualized as consumers rather than as workers. Crossing the occupational hierarchy and spectrum from high- to low-waged work, from professional to manual labor, and from production to service labor, the authors argue for a broader understanding of labor in the contemporary era. This book adopts an interdisciplinary approach that integrates perspectives from law, sociology, and industrial/labor relations--Provided by publisher.

**second shift sociology: *The Managed Heart*** Arlie Russell Hochschild, 2012-03-31 In private life, we try to induce or suppress love, envy, and anger through deep acting or emotion work, just as we manage our outer expressions of feeling through surface acting. In trying to bridge a gap between what we feel and what we ought to feel, we take guidance from feeling rules about what is owing to others in a given situation. Based on our private mutual understandings of feeling rules, we make a gift exchange of acts of emotion management. We bow to each other not simply from the waist, but from the heart. But what occurs when emotion work, feeling rules, and the gift of exchange are introduced into the public world of work? In search of the answer, Arlie Russell Hochschild closely examines two groups of public-contact workers: flight attendants and bill collectors. The flight attendant's job is to deliver a service and create further demand for it, to enhance the status of the customer and be nicer than natural. The bill collector's job is to collect on the service, and if necessary, to deflate the status of the customer by being nastier than natural. Between these extremes, roughly one-third of American men and one-half of American women hold jobs that call for substantial emotional labor. In many of these jobs, they are trained to accept feeling rules and techniques of emotion management that serve the company's commercial purpose. Just as we have seldom recognized or understood emotional labor, we have not appreciated its cost to those who do it for a living. Like a physical laborer who becomes estranged from what he or she makes, an emotional laborer, such as a flight attendant, can become estranged not only from her own expressions of feeling (her smile is not her smile), but also from what she actually feels (her managed friendliness). This estrangement, though a valuable defense against stress, is also an important occupational hazard, because it is through our feelings that we are connected with those around us. On the basis of this book, Hochschild was featured in *Key Sociological Thinkers*, edited by Rob Stones. This book was also the winner of the Charles Cooley Award in 1983, awarded by the American Sociological Association and received an honorable mention for the C. Wright Mills Award.

**second shift sociology: *The Commercialization of Intimate Life*** Arlie Russell Hochschild, 2003-04-24 Looking at a series of intimate moments that affect people, the author of three New York Times Notable Books offers fresh essays on how everyday lives are shaped by modern capitalism. 2 charts.

**second shift sociology: *The Fourth Industrial Revolution*** Klaus Schwab, 2017-01-03 World-renowned economist Klaus Schwab, Founder and Executive Chairman of the World Economic Forum, explains that we have an opportunity to shape the fourth industrial revolution, which will fundamentally alter how we live and work. Schwab argues that this revolution is different in scale, scope and complexity from any that have come before. Characterized by a range of new technologies that are fusing the physical, digital and biological worlds, the developments are affecting all disciplines, economies, industries and governments, and even challenging ideas about what it means to be human. Artificial intelligence is already all around us, from supercomputers, drones and virtual assistants to 3D printing, DNA sequencing, smart thermostats, wearable sensors and microchips smaller than a grain of sand. But this is just the beginning: nanomaterials 200 times stronger than steel and a million times thinner than a strand of hair and the first transplant of a 3D printed liver are already in development. Imagine "smart factories" in which global systems of manufacturing are coordinated virtually, or implantable mobile phones made of biosynthetic materials. The fourth industrial revolution, says Schwab, is more significant, and its ramifications more profound, than in any prior period of human history. He outlines the key technologies driving this revolution and discusses the major impacts expected on government, business, civil society and individuals. Schwab also offers bold ideas on how to harness these changes and shape a better future—one in which technology empowers people rather than replaces them; progress serves society rather than disrupts it; and in which innovators respect moral and ethical boundaries rather than cross them. We all have the opportunity to contribute to developing new frameworks that advance progress.

**second shift sociology: *So How's the Family?*** Arlie Russell Hochschild, 2013-09-30 In this new collection of thirteen essays, Arlie Russell Hochschild—author of the groundbreaking exploration of emotional labor, *The Managed Heart* and *The Outsourced Self*—focuses squarely on the impact of

social forces on the emotional side of intimate life. From the *ÖworkÓ* it takes to keep personal life personal, put feeling into work, and empathize with others; to the cultural *ÖblurÓ* between market and home; the effect of a social class gap on family wellbeing; and the movement of care workers around the globe, Hochschild raises deep questions about the modern age. In an eponymous essay, she even points towards a possible future in which a person asking *ÖHowÖ* the family?Ó hears the proud answer, *ÖCouldnÖt* be better.Ó

**second shift sociology: The Unexpected Community** Arlie Russell Hochschild, 1978-01-01

**second shift sociology:** *Contemporary Sociological Theory* Bert N Adams, R A Sydnie,  
2002-01-16 The strengths of this text are the breadth of theories covered; the integration of gender-related topics<sup>3/4</sup> family, work, religion; the use of substantial quotes from primary texts; the consistent inclusion of methodological issues....I have no doubt that it will find a solid position in the field of theory texts. --Kathleen Slobin, North Dakota State University

**second shift sociology: The Sociology of Gender** Amy S. Wharton, 2009-02-04 Gender is one of the most important topics in the field of sociology, and as a system of social practices it inspires a multitude of theoretical approaches. The *Sociology of Gender* offers an introductory overview of gender theory and research, offering a unique and compelling approach. Treats gender as a multilevel system operating at the individual, interactional, and institutional levels. Stresses conceptual and theoretical issues in the sociology of gender. Offers an accessible yet intellectually sophisticated approach to current gender theory and research. Includes pedagogical features designed to encourage critical thinking and debate. Closer Look readings at the end of each chapter give a unique perspective on chapter topics by presenting relevant articles by leading scholars.

**second shift sociology: Sociology of Work** Vicki Smith, 2013-05-16 The simple act of going to work every day is an integral part of all societies across the globe. It is an ingrained social contract: we all work to survive. But it goes beyond physical survival. Psychologists have equated losing a job with the trauma of divorce or a family death, and enormous issues arise, from financial panic to sinking self-esteem. Through work, we build our self-identity, our lifestyle, and our aspirations. How did it come about that work dominates so many parts of our lives and our psyche? This multi-disciplinary encyclopedia covers curricular subjects that seek to address that question, ranging from business and management to anthropology, sociology, social history, psychology, politics, economics, and health. Features & Benefits: International and comparative coverage. 335 signed entries, A-to-Z, fill 2 volumes in print and electronic formats. Cross-References and Suggestions for Further Readings guide readers to additional resources. A Chronology provides students with historical perspective of the sociology of work. In the electronic version, the comprehensive Index combines with the Cross-References and thematic Reader's Guide themes to provide robust search-and-browse capabilities.

**second shift sociology: The Gender Factory** S.F. Berk, 2012-12-06 tion addressed by this analysis centers on the reciprocal relation between 1 household domestic and market work efforts. It should be obvious by now that this chapter is not concerned explicitly with the contributions of individual members to household or market activity, nor does it examine the mechanisms by which work tasks or time is apportioned among them. To reiterate, households per se are the unit of analysis; the division of labor within, with respect to either household or market activities, is ignored. In this chapter, one must pretend that the social relations within the household productive unit, which critically shape both the nature of work and its allocation, are hidden from view. To return to the earlier metaphor, households establish a total household pie, made up of all the market and domestic chores that they will undertake and the time required for them. Only after that pie is created can it be sliced and the pieces doled out to individual members. 2 The household and market pie defined and described here can be roughly conceptualized as the total productive capacity of the household, or as the result of a pooling of individual talents and resources. Indeed, were a measure of the time available for leisure incorporated into the measure of the pie, the household's full income (budget) constraint (i. e. , the total productive potential of the household) could be described.



**second shift sociology:** *Uncoupling* Diane Vaughan, 1990-09-05 Drawing from extensive research and in-depth interviews, an invaluable guide for anyone who wants to understand—or prevent—the collapse of a relationship. How do relationships end? Why does one partner suddenly become discontented with the other—and why is the onset of that discontentment not so sudden after all? What signals do partners send each other to indicate their doubts? Why do those signals so often go unnoticed? And how do people who saw themselves as part of a couple come to terms not just with absence and abandonment, but with a new, single identity? This groundbreaking book reveals a process that begins in secret but gradually becomes public, implicating not only partners but their social milieu. Enlightening, accessible, and deeply affecting, *Uncoupling* offers a startling vision of what really happens behind the surface when relationships come apart.

**second shift sociology:** *Handbook of the Sociology of Gender* Janet Saltzman Chafetz, 2006-11-22 During the past three decades, feminist scholars have successfully demonstrated the ubiquity and omnirelevance of gender as a sociocultural construction in virtually all human collectivities, past and present. Intrapsychic, interactional, and collective social processes are gendered, as are micro, meso, and macro social structures. Gender shapes, and is shaped, in all arenas of social life, from the most mundane practices of everyday life to those of the most powerful corporate actors. Contemporary understandings of gender emanate from a large community of primarily feminist scholars that spans the gamut of learned disciplines and also includes non-academic activist thinkers. However, while incorporating some cross-disciplinary material, this volume focuses specifically on sociological theories and research concerning gender, which are discussed across the full array of social processes, structures, and institutions. As editor, I have explicitly tried to shape the contributions to this volume along several lines that reflect my long-standing views about sociology in general, and gender sociology in particular. First, I asked authors to include cross-national and historical material as much as possible. This request reflects my belief that understanding and evaluating the here-and-now and working realistically for a better future can only be accomplished from a comparative perspective. Too often, American sociology has been both tempero- and ethnocentric. Second, I have asked authors to be sensitive to within-gender differences along class, racial/ethnic, sexual preference, and age cohort lines.

**second shift sociology:** *What is Gender?* Mary Holmes, 2007-06-18 Is gender something done to us by society, or something we do? What is the relationship between gender and other inequalities? *What is Gender?* explores these complex and important questions, helping readers to critically analyse how women's and men's lives are shaped by the society in which they live. The book offers a comprehensive account of trends in sociological thinking, from a material and economic focus on gender inequalities to the debates about meaning initiated by the linguistic or cultural turn. The book begins by questioning simplistic biological conceptions of gender and goes on to evaluate different theoretical frameworks for explaining gender, as well as political approaches to gender issues. The cultural turn is also examined in relation to thinking about how gender is related to other forms of inequality such as class and 'race'. The book is up-to-date and broad in its scope, drawing on a range of disciplines, such as: sociology, psychoanalysis, masculinity studies, literary criticism, feminist political theory, feminist philosophy and feminist theory.

**second shift sociology:** *The Ann Oakley Reader* Ann Oakley, 2005-06-29 This book brings together edited extracts from classic texts by the internationally renowned feminist sociologist, Ann Oakley. Edited and selected by the author herself, it starts with work first published in the early 1970s.

**second shift sociology:** *Sociology For Dummies* Jay Gabler, 2010-03-05 The first authoritative yet accessible guide to this broad and popular topic Sociology is the study of human and societal interaction, and because society is constantly changing, sociology will always remain a crucial and relevant subject. *Sociology For Dummies* helps you understand this complex field, serving as the ideal study guide both when you're deciding to take a class as well as when you are already participating in a course. Provides a general overview of what sociology is as well as an in-depth look at some of the major concepts and theories Offers examples of how sociology can be applied

and its importance to everyday life. Avoiding jargon, *Sociology For Dummies* will get you up to speed on this widely studied topic in no time.

**second shift sociology: The Sociology of Katrina** David L. Brunsma, David Overfelt, J. Steven Picou, 2010 The second edition of *The Sociology of Katrina* brings together the nation's top sociological researchers in an effort to deepen our understanding of the modern catastrophe that is Hurricane Katrina. Five years after the storm, its profound impact continues to be felt. This new edition explores emerging themes, as well as ongoing issues that continue to besiege survivors. The book has been updated and revised throughout—from data about recovery efforts and environmental conditions, to discussions of major social issues in education, health care, the economy, and crime. The authors thoroughly review the important topic of recovery, both in New Orleans and in the wider area of the Mississippi Gulf Coast. This new edition features a new chapter focused on the Katrina experience for people in the primary impact area, or ground zero, five years after the storm. This chapter uncovers many challenges in overcoming the critical problems caused by the storm of the century. From this important update of the acclaimed first edition, it is apparent that the storm is not over, as Katrina continues to generate political, economic, community, and personal controversy.

**second shift sociology: Gender and Everyday Life** Mary Holmes, 2008-07-23 Why are we so insistent that women and men are different? This introduction to gender provides a fascinating, readable exploration of how society divides people into feminine women and masculine men. *Gender and Everyday Life* explores gender as a way of seeing women and men as not just biological organisms, but as people shaped by their everyday social world. Examining how gender has been understood and lived in the past; and how it is understood and done differently by different cultures and groups within cultures; Mary Holmes considers the strengths and limitations of different ways of thinking and learning to 'do' gender. Key sociological and feminist ideas about gender are covered from Christine Pisan to Mary Wollstonecraft; and from symbolic interactionism to second wave feminism through to the work of Judith Butler. *Gender and Everyday Life* illustrates gender with a range of familiar and contemporary examples: everything from nineteenth century fashions in China and Britain, to discussions of what Barbie can tell us about gender in America, to the lives of working women in Japan. This book will be of great use and interest to students to gender studies, sociology and feminist theory.

**second shift sociology: Unequal Childhoods** Annette Lareau, 2003-09-11 Class does make a difference in the lives and futures of American children. Drawing on in-depth observations of black and white middle-class, working-class, and poor families, *Unequal Childhoods* explores this fact, offering a picture of childhood today. Here are the frenetic families managing their children's hectic schedules of leisure activities; and here are families with plenty of time but little economic security. Lareau shows how middle-class parents, whether black or white, engage in a process of concerted cultivation designed to draw out children's talents and skills, while working-class and poor families rely on the accomplishment of natural growth, in which a child's development unfolds spontaneously—as long as basic comfort, food, and shelter are provided. Each of these approaches to childrearing brings its own benefits and its own drawbacks. In identifying and analyzing differences between the two, Lareau demonstrates the power, and limits, of social class in shaping the lives of America's children. The first edition of *Unequal Childhoods* was an instant classic, portraying in riveting detail the unexpected ways in which social class influences parenting in white and African-American families. A decade later, Annette Lareau has revisited the same families and interviewed the original subjects to examine the impact of social class in the transition to adulthood.

**second shift sociology: Fed Up** Gemma Hartley, 2018-11-13 A bold dive into the emotional labor women have shouldered for far too long—and an impassioned vision for creating a better future for us all. Day in, day out, women anticipate and manage the needs of others. In relationships, we initiate the hard conversations. At home, we shoulder the mental load required to keep our households running. At work, we moderate our tone, explaining patiently and speaking softly. In the world, we step gingerly to keep ourselves safe. We do this largely invisible, draining work whether

we want to or not—and we never clock out. No wonder women everywhere are overtaxed, exhausted, and simply fed up. In her ultra-viral article “Women Aren’t Nags—We’re Just Fed Up,” shared by millions of readers, Gemma Hartley gave much-needed voice to the frustration and anger experienced by countless women. Now, in *Fed Up*, Hartley expands outward from the everyday frustrations of performing thankless emotional labor to illuminate how the expectation to do this work in all arenas—private and public—fuels gender inequality, limits our opportunities, steals our time, and adversely affects the quality of our lives. More than just name the problem, though, Hartley teases apart the cultural messaging that has led us here and asks how we can shift the load. Rejecting easy solutions that don’t ultimately move the needle, Hartley offers a nuanced, insightful guide to striking real balance, for true partnership in every aspect of our lives. Reframing emotional labor not as a problem to be overcome, but as a genderless virtue men and women can all learn to channel in our quest to make a better, more egalitarian world, *Fed Up* is surprising, intelligent, and empathetic essential reading for every woman who has had enough with feeling fed up.

**second shift sociology:** The Structure of Scientific Revolutions Thomas S. Kuhn, 1969

**second shift sociology:** Encyclopedia of Behavioral Medicine Marc D. Gellman, J. Rick Turner,

**second shift sociology:** The Outsourced Self Arlie Russell Hochschild, 2012-05-08 From the famed author of the bestselling *The Second Shift* and *The Time Bind*, a pathbreaking look at the transformation of private life in our for-profit world The family has long been a haven in a heartless world, the one place immune to market forces and economic calculations, where the personal, the private, and the emotional hold sway. Yet as Arlie Russell Hochschild shows in *The Outsourced Self*, that is no longer the case: everything that was once part of private life—love, friendship, child rearing—is being transformed into packaged expertise to be sold back to confused, harried Americans. Drawing on hundreds of interviews and original research, Hochschild follows the incursions of the market into every stage of intimate life. From dating services that train you to be the CEO of your love life to wedding planners who create a couple's personal narrative; from nameologists (who help you name your child) to wantologists (who help you name your goals); from commercial surrogate farms in India to hired mourners who will scatter your loved one's ashes in the ocean of your choice—Hochschild reveals a world in which the most intuitive and emotional of human acts have become work for hire. Sharp and clear-eyed, Hochschild is full of sympathy for overstressed, outsourcing Americans, even as she warns of the market's threat to the personal realm they are striving so hard to preserve.

**second shift sociology:** Principles of Management David S. Bright, Anastasia H. Cortes, Eva Hartmann, 2023-05-16 Black & white print. *Principles of Management* is designed to meet the scope and sequence requirements of the introductory course on management. This is a traditional approach to management using the leading, planning, organizing, and controlling approach. Management is a broad business discipline, and the *Principles of Management* course covers many management areas such as human resource management and strategic management, as well as behavioral areas such as motivation. No one individual can be an expert in all areas of management, so an additional benefit of this text is that specialists in a variety of areas have authored individual chapters.

**second shift sociology:** Introduction to Sociology 2e Nathan J. Keirns, Heather Griffiths, Eric Strayer, Susan Cody-Rydzewski, Gail Scaramuzzo, Sally Vyain, Tommy Sadler, Jeff D. Bry, Faye Jones, 2015-03-17 This text is intended for a one-semester introductory course.--Page 1.

**second shift sociology:** The Negro Family United States. Department of Labor. Office of Policy Planning and Research, 1965 The life and times of the thirty-second President who was reelected four times.

**second shift sociology:** The Age of Independence Michael J. Rosenfeld, 2009-09-30 Michael J. Rosenfeld offers a new theory of family dynamics to account for the interesting and startling changes in marriage and family composition in the United States in recent years. His argument revolves around the independent life stage that emerged around 1960. This stage is experienced by

young adults after they leave their parents' homes but before they settle down to start their own families. During this time, young men and women go away to college, travel abroad, begin careers, and enjoy social independence. This independent life stage has reduced parental control over the dating practices and mate selection of their children and has resulted in a sharp rise in interracial and same-sex unions—unions that were more easily averted by previous generations of parents. Complementing analysis of newly available census data from the entire twentieth century with in-depth interviews that explore the histories of families and couples, Rosenfeld proposes a conceptual model to explain many social changes that may seem unrelated but that flow from the same underlying logic. He shows, for example, that the more a relationship is transgressive of conventional morality, the more likely it is for the individuals to live away from their family and area of origin.

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